

13 July 2022



"Holy Family Relief"
by Zimbabwean artist Eddy Nyagweta

Greetings to everyone. How good to know that Kamran is now home after a spell in hospital with a chest infection. He will still have to take care and recuperate so that it clears up completely. We wish him well.

Covid seems to be rampant again with numbers of people succumbing to it up and down the country. We seem to have slackened off from taking care when we are in crowds, on transport and in Church. Apart from on the underground where I wear a mask, I am guilty too and on Saturday I woke up with all the symptoms; a dreadful cough, an aching body, so hot and legs that wouldn't carry me. My daughter followed the same path and is extremely unwell. The test I took was so predictable I only took it because I felt I should. Since then, lots of my friends have had the same symptoms and are shut away in their homes. The evidence that there is a steep rise in the pandemic seems to be ignored by this government, who want us to think it is all behind us. Well, it is not, and, if it carries on like this, it will be at great cost to people's well-being, lives, and the economy – yet again! Please take care of yourselves and each other. Thank you for all the good wishes and prayers everyone has sent. They are so valued.

This week was **the feast of St Benedict**, a monk and father of European Monasticism. St Benedict had a great belief in Prayer and Action. He was influential in forming monasteries based on stages of Prayer and his 'modest rule for beginners.' As a result, many monasteries throughout the centuries followed his wide and gentle advice incorporating them into their Orders. It is so important to know that behind us are centuries of prayer influenced and inspired by the great women and men of the Church that help and guide us down the ages.

We learn from, thank them, and remember their lives and what they did for the Christian Faith.

The Revd Malcolm G, who I have written about several times, sharing some of his poetry on the Church, Creation and Nature, has written a new poem about St Benedict, which is printed below. You may be interested to know that his lecturing, retreat taking, and many books of poetry are so popular that he gave up his parish life to concentrate on writing. Having lost his stipend (salary) he now depends upon the revenue from sales of his books and his lectures. What I love about him is, instead of charging large fees for printing his poetry in newsletters and articles, he asks that, *“If you are enjoying these posts, you might like, on occasion, (not every time of course!) to pop in and buy me a cup of coffee. Clicking on this banner will take you to a page where you can do so if you wish. But please do not feel any obligation.”* Needless to say, those of us who print his poetry buy him several cups of coffee!













An article below, **"Our Lady of the Journey"**, by Kelly Latimore, a distinguished American Iconographer, was sent to me by a good friend, the Revd Jo Jan V, a Lutheran pastor, who worked in the UK for some time and used to come to Golders Green when he was in London. I thought how appropriate it is at this moment when so many women across the world are trying to feed their young and care for their families under the most atrocious condition. We pray for them all but hope more action is taken to provide what they need. We thank her for allowing us to show her work.

Just to remind you that Kamran has updated **our church website** making it bright and user-friendly. Please link into it, tell others about it, and let Kamran know what you think. There is more information about it below.

With Love and Good Wishes – Sally

This Week's Edition Includes:

-  **A sonnet for St Benedict – Malcolm G**
-  **"Our Lady of the Journey"**
-  **The Church Website;**
-  **Toddlers Club;**
-  **How We Are;**
-  **Prayers with Kamran;**
-  **Church Bulletin;**
-  **Church Rota;**
-  **Prayer List;**
-  **Links to Service**

**A Sonnet for St Benedict
by The Revd Malcolm G**



Malcolm writes:

“On his feast day I am reposting this sonnet on St. Benedict. My recent experience of diving deep into the Psalter has made me appreciate the Benedictine tradition even more deeply, for of course he made the recitation of the psalms the absolute core of his order’s liturgy and worship.

On July the 11th the Church celebrates the feast of St. Benedict of Nursia, the gentle founder of the Benedictine order and by extension the father of Monasticism. A moderate and modest man, he would have been astonished to learn that his ‘simple school for prayer’, his ‘modest rule for beginners’ led to the foundation of communities which kept the Christian flame alight through dark times, preserved not only Christian faith, scripture, and culture, but also the best of Classical Pagan learning and culture, fed the poor, transformed societies, promoted learning and scholarship, and today provides solace, grounding, perspective and retreat not only to monks and nuns but to millions of lay people around the world. Here is my sonnet for Benedict, drawing largely on phrases from the Rule, I dedicate it to the sisters at Turvey Abbey. It appears in my second book with Canterbury Press, *The Singing Bowl*. You can also buy the book on amazon. But better still why not order it through a local bookshop who pay their taxes and need your support!”

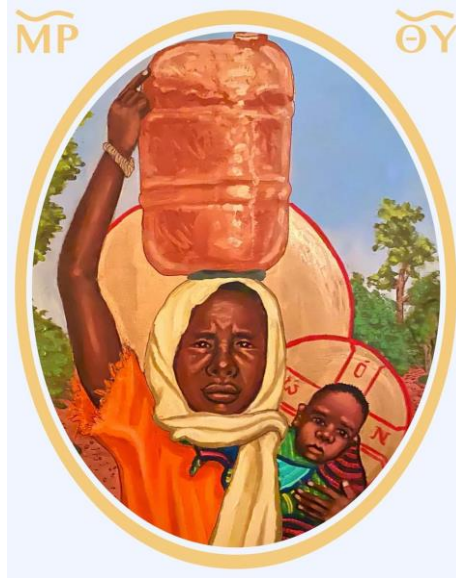
Benedict

You sought to start a simple school of prayer,
A modest, gentle, moderate attempt,
With nothing made too harsh or hard to bear,
No treating or retreating with contempt,
A little rule, a small obedience
That sets aside, and tills the chosen ground,
Fruitful humility, chosen innocence,
A binding by which freedom might be found
You call us all to live, and see good days,
Centre in Christ and enter in his peace,

To seek his Way amidst our many ways,
Find blessedness in blessing, peace in praise,
To clear and keep for Love a sacred space
That we might be beginners in God's grace.

"Our Lady of the Journey"

Icon and reflection by Kelly Latimore



"Our Lady of the Journey", is a painting inspired by a trip to the St. Ines mission while visiting a dear friend Br. Jeff and the Novices of the Franciscan Novitiate community in California. Tucked behind a corner is a tiny statue called "La Peregrina" or "The Pilgrim". The date it was created, and artist are unknown, however the community called it 'Our Lady of the journey' It got me thinking about all of the women in the world on a journey. Refugees fleeing to safety, young women walking miles upon miles in the heat for drinking water, and Mothers trying to find shelter and a better life for their families. The gospel imagery of the Mother Hen isn't used enough. These mothers are signs of protection, strength, hope and love, and the beauty and dignity of human nature

"Invisible God, by the power of your love you make present the bodies of the invisible,
the poor farm worker, the foreigner, the refugee, the dead.
Show us such a presence, as through them you promise to give us your presence.
Make us visible; make us real.
Make us capable of feeling so we may think make us capable of tears so we may laugh.
Make us your visible people, your light, your joy. Amen"

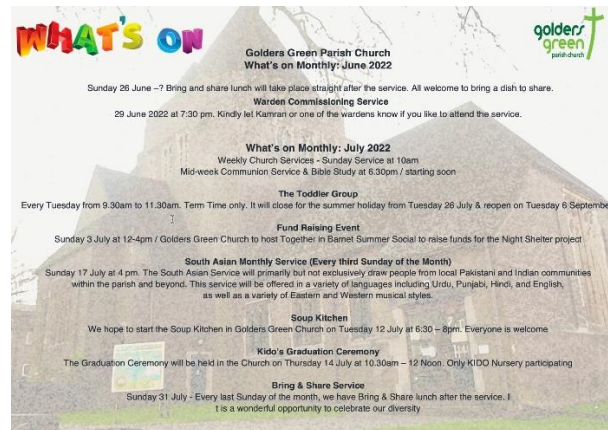
The Church Website

Kamran has updated the church website with two new features.

1) They are a "What's on" page. https://www.gg-pc.co.uk/Groups/379327/Whats_On.aspx

2) A live Twitter feed has been added to the main page.

Our website is so much brighter, livelier, and easier to follow. Please link onto it and see how well you can find your way around it, share it with your friends and let us know what you and they think.



How We Are

Kamran is improving after his spell in the Royal Free for a nasty church infection. He is home now but needs to take great care to make sure he is properly healed.

Please continue to pray for Myfanwy's sister, **Yvone S**, who is very frail and wonderfully cared for by Florence who keeps Myfanwy regularly updated on her sister's progress.

We pray as we always do for **Simon and his father and for Anita** who has improved from Covid. This is a difficult time for the family. We send them our love.

Please continue to pray for all those who have been unwell that they may gain in strength and good health as well as those who are grieving because of a loss of a loved one; we think especially of Festus and family, Ann, Gideon and family and Edmund Onochie who came back to church after so long an absence after the sad loss of his wife Florence - Welcome back.

It would be so good if you could let us know either by **WhatsApp, the newsletter, phone, or email** about anyone who is not well, bereaved or would appreciate our prayers. It is so important we remember and pray for them.

Prayers with Kamran

- ❖ from Mondays to Thursdays, Kamran will be in church at 9.00am for a short time of prayer with anyone who would like to join him. This does not have to be compulsory; you are welcome to stay home and pray for the church and the parish each day for 15-20 minutes;
- ❖ he will also be in church each day for those who would like to visit and talk with him. Please consider making an appointment to ensure that he will be available to meet with you;
- ❖ Wednesday evening prayer time takes place in church at 7.00pm The prayer meeting will take place both in person and via Zoom. Please see the link below.

Topic: Church Wardens' Personal Meeting Room

Join Zoom Meeting

<https://zoom.us/j/8585545365?pwd=em85aDF5ZmJ5ZkVlb0xDaDhY2paUT09>

Meeting ID: 858 554 5365

Passcode: J4FbKf

One tap mobile

+442034815240,,8585545365#,,,,*400416# United Kingdom

+442039017895,,8585545365#,,,,*400416# United Kingdom

Dial by your location

+44 203 481 5240 United Kingdom

+44 203 901 7895 United Kingdom

+44 208 080 6591 United Kingdom

+44 208 080 6592 United Kingdom

+44 330 088 5830 United Kingdom

+44 131 460 1196 United Kingdom

+44 203 481 5237 United Kingdom

Meeting ID: 858 554 5365

Passcode: 400416

Find your local number: <https://zoom.us/u/aemYT2pIYY>

Song of Worship:

Darlene Zschech - Your Presence Is Heaven | Official Live Video

<https://youtu.be/aff5IPzKQIo>

The Parish of Golders Green
Parish Notices: 10/07/2022

Sunday Service: 10 am - After the service, Prayer ministry is available for anyone who wishes to receive prayers.

Weekday Events – Mid-week Communion Service. We are hoping to restart the midweek Communion Service and Bible study soon. Please keep this in your prayers.

The Soup Kitchen will start soon. Please keep in your prayers.

PCC Meeting on Sunday 17 July at 12 pm. Pray for all PCC Members.

The Toddler Group will close for the summer on Tuesday 26 July and reopen on Tuesday 6 September.

South Asian Monthly Service – will start soon. The South Asian Service will primarily but not exclusively draw people from local Pakistani and Indian communities within the parish and beyond. This service will be offered in a variety of languages including Urdu, Punjabi, Hindi, and English, as well as a variety of Eastern and Western musical styles.

Prayers for the Church ministry and mission:

Please pray for the Senior Circle about to start soon. The Soup Kitchen starting in July. For the ongoing Church Maintenance issues. Pray for the Church Choir, Children Ministry & The Toddler Group and for the Mission of the Church.

For your prayers:

Please continue to prayer for Mike Houghton, Eunice, Margaret for God's healing. Please also prayer for all those who are grieving for their loved ones, especially for Ann and Gideon, and for Festus, Fiona, Kelechi and the entire family.

Rota for Sunday 17 July:

Reader: Sam
Hospitality: Silvia

Intercession: Nwando
AV Desk: Shaniv

Contact details:

Parish Priest: Revd Kamran Bhatti
Office Tel: 020 8455 1873,
Website: www.gg-pc.co.uk

Golders Green Rota July 2022

| Date | Reading | Readers | Intercession | Hospitality Steward | AV (Audio Visual) Desk |
|------------|--|---------|--------------|---------------------|------------------------|
| 17/07/2022 | Colossians 1.15–28 Luke 10.38–end | Sam | Nwando | Silvia | Shaniv |
| 24/07/2022 | Colossians 2.6–15 [16–19] Luke 11.1–13 | Cynthia | Nehar | Naila | Thomas |
| 31/07/2022 | Colossians 3.1–11 Luke 12.13–21 | Friday | Nwadi | Sally | tbc |

The Toddler Group Update:

We had another great session yesterday at the Toddler Group and seven children & families came. There was lots of play, reading, singing and noise!

Once again, we were slim on volunteers and would appreciate any help on a Tuesday morning from 9.30am to 11.30am.

Our last session will be on Tuesday 19 July and we will then **close** for the school summer holiday on **Tuesday 26 July and reopen on Tuesday 6 September.**

We look forward to seeing you all return then.

TODDLER GROUP

@ GOLDERS GREEN CHURCH



Meet weekly on
Tuesdays 9.30-11.30am/Term Time Only

£3.00 Entrance Fee

Held in the church

More details contact the office

020 8455 1873

Golders Green Church

West Heath Drive NW11 7QG

Links to Services

If you're looking for online prayer and worship opportunities, here are some suggestions:

Daily worship:

<https://www.churchofengland.org/prayer-and-worship/church-online>: including

- Prayer for the day
- Services of daily prayer
- Time to pray app and podcast

<https://www.stmartin-in-the-fields.org/whats-on/?category=204> livestreamed daily services and some one-off services on particular themes and issues.

<https://pray-as-you-go.org/> Pray as you Go (a short service each day in the Jesuit Tradition)

The following links take you to prayers and reflections on particular themes:

Covid: <https://www.churchofengland.org/resources/coronavirus-covid-19-guidance-churches/coronavirus-covid-19-liturgy-and-prayer-resources>

Mental health: some short reflections to support good mental health:
<https://www.churchofengland.org/resources/mental-health-resources/supporting-good-mental-health>

Ukraine: <https://www.christianaid.org.uk/appeals/emergencies/ukraine-crisis-appeal>

Climate justice: www.climatesunday.org

Environmental issues: <https://arocha.org.uk/prayer-diary/>

The world's poorest communities and those affected by emergencies and conflict: <https://www.christianaid.org.uk/pray/faith-resources/prayer-library>

The London Institute for Contemporary Christianity (LICC) offers a series of prayer journeys which you can sign up to here: <https://licc.org.uk/ourresources/prayer-journeys/>

Daily Bible readings:

<https://www.christianaid.org.uk/pray/daily-bible-readings>

LICC also offer e-mailed '**Word for the Week**' each Monday. You can sign up here:

<https://licc.org.uk/ourresources/word-for-the-week/>

Daily Hope - The Church of England Phone line church service - is available 24 hours a day on **0800 804 8044** – has been set up particularly with those unable to join online church services during the period of restrictions in mind.

We at Golders Green Church will continue to offer a number of ways we can and will keep in contact though emailing and phoning each other, the use of Facebook and the website, sending out updates by supporting those who need shopping, prescriptions fetched, letters posted and anything else you may need if you are isolated at home, whether you are in the over 70-year-old age group, or, have underlying health conditions.

The important thing is, PLEASE LET US KNOW by emailing churchwardens@ggpc.co.uk

Radio, Television and Online Worship

You may wish to join in worship during this time through television and radio.

Check online, in the Radio Times and elsewhere for details:

Songs of Praise BBC 1, Sunday afternoon, variable times

Sunday Worship BBC Radio 4, Sunday, 8.10am Choral Evensong BBC

Radio 3, Wednesday Daily Service

BBC Radio 4 (Longwave only), weekdays, 9.45am

Big Sunday Service Premier Christian Radio, Sunday, 7am, 8am, 10am Easter Sunday

Eucharist A service is usually broadcast on the BBC on Easter morning

Free 24 hour telephone church service 0800 804 8044

Online resources Church of England Daily Prayer <https://www.churchofengland.org/prayer-and-worship/join-us-service-dailyprayer>

<https://mailchi.mp/b9d86a4acdc7/coming-up-from-st-pauls-cathedral-1274047?e=377e26b1db>

St Paul's Cathedral have a number of resources available for us to use.

Church of England Online Resources during this time

<https://www.churchofengland.org/more/media-centre/coronaviruscovid-19-liturgy-and-prayer-resources>

Go On-line to " [ps://www.achurchnearyou.com](https://www.achurchnearyou.com)", put in Area or post code and find a local church that broadcasts Worship.

Prayers from Christian Aid <https://www.christianaid.org.uk/pray/churches/coronavirus-prayers>

<https://pray-as-you-go.org/> Pray as you Go (a short service each day in the Jesuit Tradition)

LICC have some great resources on their website <https://www.licc.org.uk/>

Especially on Covid-19 <https://www.licc.org.uk/ourresources/prayer-journeys/presence-pressure-purpose/>